



Case Update:

Surry County now has 943 confirmed cases of COVID-19 and 9 COVID-19 related deaths. The Centers for Disease Control and Prevention (CDC) has defined recovery from COVID-19 as resolution of fever without the use of fever reducing medications with progressive improvement or resolution of other symptoms. According to this definition, Surry County has 811 recoveries.

<u>Surry County Cases</u>	<u>Surry County Deaths</u>	<u>Surry County Recovered</u>	<u>NC Cases</u>	<u>NC Deaths</u>	<u>NC Tests Completed</u>	<u>US Cases</u>	<u>US Deaths</u>
943	9	811	132,812	2,134	1,939,812	4,802,491	157,631

Weekly Updates:

- Governor Roy Cooper announced that North Carolina will remain paused in Safer At Home Phase 2 for another five weeks as students and staff return to schools, colleges, and universities. NC DHHS Secretary Mandy Cohen said, “While overall we are seeing signs of stability, we still have much work to do. Our recent trends show us what is possible when we commit to slowing the spread by wearing face coverings and following those simple but powerful 3Ws.” [Click here to read the official press release.](#)
- The Centers for Disease Control and Prevention issued new guidance on July 10, 2020 estimating that 40% of people with COVID-19 show no symptoms. Asymptomatic COVID-19 patients are of great concern to public health due to their ability to spread the virus without ever knowing they are sick. Surry County Health and Nutrition Center encourages anyone who has symptoms or may have been exposed to COVID-19 to get tested.
- Testing for COVID-19 is widely available in Surry County. Any person looking to be tested should reach out to their primary care provider. If a person does not have a primary care provider, they may contact Surry County Health and Nutrition Center. Timing to get test results back may vary, but averages between 4-7 days. Testing criteria are as follows:
  - Anyone with symptoms of COVID-19.
  - Close contacts of known positive cases, regardless of symptoms.
  - Groups of the populations with higher risk of exposure or higher risk of severe illness in they become infected. These include people who live in or have regular contact with high-risk settings (e.g. long term care facilities, homeless shelters, migrant farmworker camps),

people from historically marginalized populations who have been disproportionately impacted by COVID-19, frontline and essential workers, health care workers or first responders, and people who are at higher risk of severe illness due to underlying medical conditions.

- Anyone who has attended a protest, rally, or mass gathering.

All North Carolinians should get the latest information on COVID-19 directly from reliable sources. The COVID-19 outbreak has been accompanied by a flood of misinformation from unreliable sources. Be thoughtful about what you read or hear about the virus and make sure you are separating rumor from fact before you act. COVID-19 information from across NC state government, including information about unemployment, can be found at [www.nc.gov/covid12](http://www.nc.gov/covid12).

## Protective Measures:

In order to further protect yourselves and your loved ones, we would like to remind you to:

- Avoid contact with people who are sick.
- Stay home when you are sick, except to get medical care.
- Cover your cough and sneezes with a tissue and dispose of the tissue.
- Clean frequently touched surfaces and objects daily (e.g., tables, countertops, cell phones, computers, light switches, doorknobs, and handles) using a household detergent and water.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available, and if your hands are not visibly dirty use a hand sanitizer that contains at least 60% alcohol.
- CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), **especially** in areas of significant community-based transmission
  - Cloth face coverings (not surgical masks or N95 respirators) should:
    - fit snugly but comfortably against the side of the face
    - be secured with ties or ear loops
    - include multiple layers of fabric
    - allow for breathing without restriction
    - be able to be laundered and machine dried without damage or change to shape

## Further information about COVID-19:

Residents with general questions about COVID-19 can call NC 2-1-1 by dialing 2-1-1 or 888-892-1162. We'd also urge Surry County residents to seek information regarding COVID-19 from credible sources such as NCDHHS.gov or CDC.gov or visit NCDHHS and CDC on Facebook or Twitter!