



March 29, 2020

COVID-19: Second Confirmed Case

Dobson, NC—03/29/2020—At 6:00 pm on March 29, 2020, Surry County Health and Nutrition Center was made aware of a second confirmed case of COVID-19. We have been inundated with questions since it was confirmed that Surry County had positive cases. We'd like to take an opportunity to further educate our communities regarding these cases and how to best protect yourselves. First, it's important for everyone to know that there is community transmission across North Carolina we cannot be sure as to how the exposures occurred. Staff at Surry County Health and Nutrition Center are completing contact tracing, and anyone determined to be a close contact will be notified.

In order to further protect yourselves and your loved ones, we would like to remind you to:

- Avoid contact with people who are sick.
- Stay home when you are sick, except to get medical care.
- Cover your cough and sneezes with a tissue and dispose of the tissue.
- Clean frequently touched surfaces and objects daily (e.g., tables, countertops, cell phones, computers, light switches, doorknobs, and handles) using a household detergent and water.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available, and if your hands are not visibly dirty use a hand sanitizer that contains at least 60% alcohol.

We would also like to inform our residents that any future positives will not be released but will be posted on the NC Department of Health and Human Services website. Residents with general questions about COVID-19 can call NC 2-1-1 by dialing 2-1-1 or 888-892-1162.

We are thankful for the opportunity to serve and protect!