



Case Update:

Surry County now has 323 confirmed cases of COVID-19 and 2 COVID-19 related deaths. The Centers for Disease Control and Prevention (CDC) has defined recovery from COVID-19 as resolution of fever without the use of fever reducing medications with progressive improvement or resolution of other symptoms. According to this definition, Surry County has 226 recoveries.

<u>Surry County Cases</u>	<u>Surry County Deaths</u>	<u>Surry County Recovered</u>	<u>NC Cases</u>	<u>NC Deaths</u>	<u>NC Tests Completed</u>	<u>US Cases</u>	<u>US Deaths</u>
323	2	226	41,249	1,092	595,697	2,016,027	113,914

Weekly Updates:

- NC released new health guidelines in the Strong Schools NC Public Health Toolkit (K-12). These guidelines provide a comprehensive set of baseline health practices that public schools should follow to minimize risk of exposure to COVID-19 for students, staff, and families. The Toolkit recommends practices that schools should implement to minimize spread of COVID-19 while allowing in-person teaching to resume. For more information, [click here](#).
- NC DHHS released updated guidance for doctors and clinicians on who should be tested for COVID-19. NC is focused on rapidly increasing testing of people who may not currently have symptoms, but may have been exposed to COVID-19, especially people from historically marginalized populations who have been disproportionately impacted by COVID-19. For more information, [click here](#).

Protective Measures:

In order to further protect yourselves and your loved ones, we would like to remind you to:

- Avoid contact with people who are sick.
- Stay home when you are sick, except to get medical care.
- Cover your cough and sneezes with a tissue and dispose of the tissue.
- Clean frequently touched surfaces and objects daily (e.g., tables, countertops, cell phones, computers, light switches, doorknobs, and handles) using a household detergent and water.

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available, and if your hands are not visibly dirty use a hand sanitizer that contains at least 60% alcohol.
- CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), **especially** in areas of significant community-based transmission
 - Cloth face coverings (not surgical masks or N95 respirators) should:
 - fit snugly but comfortably against the side of the face
 - be secured with ties or ear loops
 - include multiple layers of fabric
 - allow for breathing without restriction
 - be able to be laundered and machine dried without damage or change to shape

Further information about COVID-19:

Residents with general questions about COVID-19 can call NC 2-1-1 by dialing 2-1-1 or 888-892-1162. We'd also urge Surry County residents to seek information regarding COVID-19 from credible sources such as NCDHHS.gov or CDC.gov or visit NCDHHS and CDC on Facebook or Twitter!

If you leave home, know your Ws!



WEAR
a cloth face
covering.



WAIT
6 feet apart. Avoid
close contact.



WASH
your hands often or
use hand sanitizer.

@NCDHHS

#StayStrongNC