



### Case Update:

Surry County now has 270 confirmed cases of COVID-19 and 2 COVID-19 related deaths. The Centers for Disease Control and Prevention (CDC) has defined recovery from COVID-19 as resolution of fever without the use of fever reducing medications with progressive improvement or resolution of other symptoms. According to this definition, Surry County has 170 recoveries.

<u>Surry County Cases</u>	<u>Surry County Deaths</u>	<u>Surry County Recovered</u>	<u>NC Cases</u>	<u>NC Deaths</u>	<u>NC Tests Completed</u>	<u>US Cases</u>	<u>US Deaths</u>
270	2	170	33,255	966	482,147	1,842,101	107,029

### Weekly Updates:

- NC Department of Health and Human Services has launched new initiatives to expand COVID-19 testing and contact tracing across the state. Two new online tools can help people determine if they need to be tested and find a nearby testing site.
  - Check My Symptoms: ([www.ncdhhs.gov/symptoms](http://www.ncdhhs.gov/symptoms)) helps those who feel uncertain about whether they should get tested.
  - Find My Testing Place ([www.ncdhhs.gov/testingplace](http://www.ncdhhs.gov/testingplace)) is a resource for anyone who needs to locate a testing site.
- North Carolina's trajectory of lab confirmed cases continues to increase. While more testing is happening, this data also shows there is more viral spread in our communities. North Carolina's trajectory in percent of tests returning positive remains level, which the trajectory of hospitalizations has increased slightly since entering Phase 2. Currently, there is hospital capacity, but the data will still need to be monitored for regional patterns.

### Protective Measures:

In order to further protect yourselves and your loved ones, we would like to remind you to:

- Avoid contact with people who are sick.
- Stay home when you are sick, except to get medical care.
- Cover your cough and sneezes with a tissue and dispose of the tissue.

- Clean frequently touched surfaces and objects daily (e.g., tables, countertops, cell phones, computers, light switches, doorknobs, and handles) using a household detergent and water.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available, and if your hands are not visibly dirty use a hand sanitizer that contains at least 60% alcohol.
- CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), **especially** in areas of significant community-based transmission
  - Cloth face coverings (not surgical masks or N95 respirators) should:
    - fit snugly but comfortably against the side of the face
    - be secured with ties or ear loops
    - include multiple layers of fabric
    - allow for breathing without restriction
    - be able to be laundered and machine dried without damage or change to shape

Further information about COVID-19:

Residents with general questions about COVID-19 can call NC 2-1-1 by dialing 2-1-1 or 888-892-1162. We'd also urge Surry County residents to seek information regarding COVID-19 from credible sources such as NCDHHS.gov or CDC.gov or visit NCDHHS and CDC on Facebook or Twitter!

## If you leave home, know your Ws!



**WEAR**  
a cloth face  
covering.



**WAIT**  
6 feet apart. Avoid  
close contact.



**WASH**  
your hands often or  
use hand sanitizer.

@NCDHHS

#StayStrongNC