Surry County Health and Nutrition Center
COVID-19: Weekly Briefing
April 20-24, 2020

Case Update:

Surry County now has 12 confirmed cases of COVID-19. Surry County has community spread transmission which means that there are cases with no known source of infection.

Surry County Cases	Surry County Deaths	NC Cases	NC Deaths	NC Tests Completed	US Cases	US Deaths
12	0	7,608	253	96,185	802,583	44,575

Weekly Updates:

➢ NC Governor Roy Cooper has extended the Stay at Home, Executive Order 121 until May 8, 2020. Governor Cooper further announced that he and the NC Coronavirus Task Force would begin charting a path forward in easing certain COVID-19 restrictions using a series of phases.
  o Phase 1: Allow NC residents to leave their homes for commercial and outdoor activities while still practicing social distancing and avoiding groups of more than 10 people.
➢ Surry County Health and Nutrition Center is working closely with our congregate living facilities and food processing plants to ensure that they are following the most recent guidance. This includes our long-term care facilities and the Surry County jail.

Protective Measures:

In order to further protect yourselves and your loved ones, we would like to remind you to:

- Avoid contact with people who are sick.
- Stay home when you are sick, except to get medical care.
- Cover your cough and sneezes with a tissue and dispose of the tissue.
- Clean frequently touched surfaces and objects daily (e.g., tables, countertops, cell phones, computers, light switches, doorknobs, and handles) using a household detergent and water.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available, and if your hands are not visibly dirty use a hand sanitizer that contains at least 60% alcohol.

- CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), **especially** in areas of significant community-based transmission
    - Cloth face coverings (not surgical masks or N95 respirators) should:
        - fit snugly but comfortably against the side of the face
        - be secured with ties or ear loops
        - include multiple layers of fabric
        - allow for breathing without restriction
        - be able to be laundered and machine dried without damage or change to shape

Further information about COVID-19:

Residents with general questions about COVID-19 can call NC 2-1-1 by dialing 2-1-1 or 888-892-1162. We'd also urge Surry County residents to seek information regarding COVID-19 from credible sources such as NCDHHS.gov or CDC.gov or visit NCDHHS and CDC on Facebook or Twitter!

Surry County Health and Nutrition Center

Social Distancing

Case Count

Includes a running total of lab-confirmed cases. Case counts will continue to rise as positive tests are reported.

Community Transmission

Keeping space (at least 6 feet) between yourself and other people outside of your home.

Spread of the virus with no clear explanation of how the individual was infected (no recent travel or contact with a confirmed case).

COVID-19 Terms & Definitions
What Does it Mean?

Asymptomatic Infection

6 feet

Release of Isolation

When someone has the virus, but does not have any symptoms. These people can still make others sick.
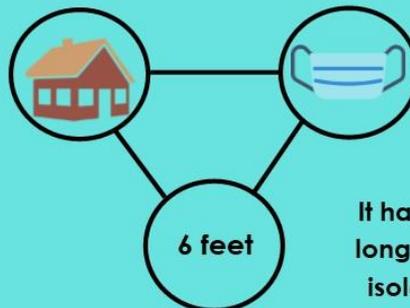
It has been determined that the patient is no longer contagious and can be released from isolation. Symptoms may still be present or worsen after release of isolation.

Keeping people with confirmed cases of COVID-19 separate from other people that are not sick.

Quarantine

Recovered

Isolation

Separating those that may have been exposed to the virus to see if they become sick.

The CDC or the NC DHHS have not yet determined a clear definition of "recovery" from COVID-19.