Surry County Health and Nutrition Center
COVID-19: Weekly Briefing
June 29-July 3, 2020

Case Update:

Surry County now has 493 confirmed cases of COVID-19 and 2 COVID-19 related deaths. The Centers for Disease Control and Prevention (CDC) has defined recovery from COVID-19 as resolution of fever without the use of fever reducing medications with progressive improvement or resolution of other symptoms. According to this definition, Surry County has 402 recoveries.

Surry County Cases	Surry County Deaths	Surry County Recovered	NC Cases	NC Deaths	NC Tests Completed	US Cases	US Deaths
493	2	402	68,142	1,391	971,120	2,624,873	127,299

Weekly Updates:

Growing evidence shows that cloth face coverings or masks, when worn consistently, can decrease the spread of COVID-19, especially among people who are not yet showing symptoms of the virus. Wearing a cloth face covering in public settings is a simple but powerful action to slow the spread of COVID-19.

Under Executive Order 147, North Carolinians must wear cloth coverings over their nose and mouth when in public places where physical distancing is not possible.

Certain businesses must have employees and customers wear cloth coverings over the nose and mouth, including retail businesses, restaurants, personal care and grooming; employees of child care centers and camps; state government agencies under the Governor's Cabinet; workers and riders of transportation; and workers in the construction/trades, manufacturing, agriculture, meat processing, healthcare and long term care settings.

There are exceptions including people with medical conditions and children under 11, people who are at home, and people who are walking or otherwise exercising outside when not within 6 feet of others.

Cloth coverings can play a part in controlling the spread if they are used properly and in combination with other everyday preventive actions, such as those listed below. If used incorrectly, face coverings can expose someone to more germs. Individuals should be careful not to touch their eyes, nose, and mouth when removing or adjusting a cloth covering and wash hands immediately after removing or adjusting.

People are expected to follow the Governor's order on face coverings. You can help by making sure you always wear a cloth covering over your nose and mouth when you're in public and by encouraging your family and friends to do the same.

To report possible violations, contact local authorities using non-emergency phone numbers.

Protective Measures:

In order to further protect yourselves and your loved ones, we would like to remind you to:

- Avoid contact with people who are sick.
- Stay home when you are sick, except to get medical care.
- Cover your cough and sneezes with a tissue and dispose of the tissue.
- Clean frequently touched surfaces and objects daily (e.g., tables, countertops, cell phones, computers, light switches, doorknobs, and handles) using a household detergent and water.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available, and if your hands are not visibly dirty use a hand sanitizer that contains at least 60% alcohol.
- CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), **especially** in areas of significant community-based transmission
  - Cloth face coverings (not surgical masks or N95 respirators) should:
    - fit snugly but comfortably against the side of the face
    - be secured with ties or ear loops
    - include multiple layers of fabric
    - allow for breathing without restriction
    - be able to be laundered and machine dried without damage or change to shape

Further information about COVID-19:

Residents with general questions about COVID-19 can call NC 2-1-1 by dialing 2-1-1 or 888-892-1162. We'd also urge Surry County residents to seek information regarding COVID-19 from credible sources such as NCDHHS.gov or CDC.gov or visit NCDHHS and CDC on Facebook or Twitter!