



Case Update:

Surry County now has 377 confirmed cases of COVID-19 and 2 COVID-19 related deaths. The Centers for Disease Control and Prevention (CDC) has defined recovery from COVID-19 as resolution of fever without the use of fever reducing medications with progressive improvement or resolution of other symptoms. According to this definition, Surry County has 284 recoveries.

<u>Surry County Cases</u>	<u>Surry County Deaths</u>	<u>Surry County Recovered</u>	<u>NC Cases</u>	<u>NC Deaths</u>	<u>NC Tests Completed</u>	<u>US Cases</u>	<u>US Deaths</u>
377	2	284	49,840	1,197	712,313	2,155,572	117,632

Weekly Updates:

- NC DHHS has developed the COVID Community Team Outreach (CCTO) tool as the NC EDSS proxy for the collection and reporting of required information regarding the notification and management of individuals exposed to COVID-19. Identification, notification, and monitoring are all documented within the CCTO tool as part of our ongoing contact tracing efforts. The goals of these efforts include:
  - Rapidly identifying all contacts, monitoring for symptoms, and arranging for testing as appropriate.
  - Ensuring linkages to medical evaluation and care if the contact becomes symptomatic, and
  - Ensuring immediate isolation or quarantine precautions are implemented.
- New research supports that wearing masks helps with the control of COVID-19 spread. Data from 172 observational medical studies indicate that wearing face masks reduces the risk of coronavirus infection. One study published in the *Proceedings of the National Academy of Sciences (PNAS)* found that requiring people to wear masks in epicenters of new coronavirus cases may have prevented tens of thousands of infections from the virus. The research also suggests that current mitigation measures, such as social distancing, quarantine and isolation implemented in the United States, are insufficient by themselves in protecting the public and stricter policies on wearing face coverings should be enacted.

## Protective Measures:

In order to further protect yourselves and your loved ones, we would like to remind you to:

- Avoid contact with people who are sick.
- Stay home when you are sick, except to get medical care.
- Cover your cough and sneezes with a tissue and dispose of the tissue.
- Clean frequently touched surfaces and objects daily (e.g., tables, countertops, cell phones, computers, light switches, doorknobs, and handles) using a household detergent and water.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available, and if your hands are not visibly dirty use a hand sanitizer that contains at least 60% alcohol.
- CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), **especially** in areas of significant community-based transmission
  - Cloth face coverings (not surgical masks or N95 respirators) should:
    - fit snugly but comfortably against the side of the face
    - be secured with ties or ear loops
    - include multiple layers of fabric
    - allow for breathing without restriction
    - be able to be laundered and machine dried without damage or change to shape

## Further information about COVID-19:

Residents with general questions about COVID-19 can call NC 2-1-1 by dialing 2-1-1 or 888-892-1162. We'd also urge Surry County residents to seek information regarding COVID-19 from credible sources such as [NCDHHS.gov](http://NCDHHS.gov) or [CDC.gov](http://CDC.gov) or visit NCDHHS and CDC on Facebook or Twitter!

## If you leave home, know your Ws!



**WEAR**  
a cloth face  
covering.



**WAIT**  
6 feet apart. Avoid  
close contact.



**WASH**  
your hands often or  
use hand sanitizer.

@NCDHHS

#StayStrongNC